

# Powered Hang Gliding

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## Introduction

It is hard to imagine that a hundred years have passed since the first powered flight by the Wright brothers. It appears that even after a hundred years, the passion for flight and the curiosity associated with flight continue as though this remarkable first flight by the Wright brothers happened just yesterday. It shows how much human beings long to fly like the birds.

Anyone who has flown in a modern jet aircraft will agree that the flight is not exactly thrilling. As a passenger you will only get a view of the world outside through a narrow window. Of course, it is the safest way to travel. But it is not exactly flying like the birds. In this article, we do not pursue this boring way of flying by a modern jet-liner. Rather, we will follow a different story. This story is about hang gliding. More precisely, it is about powered hang gliding. The only true way of flying!

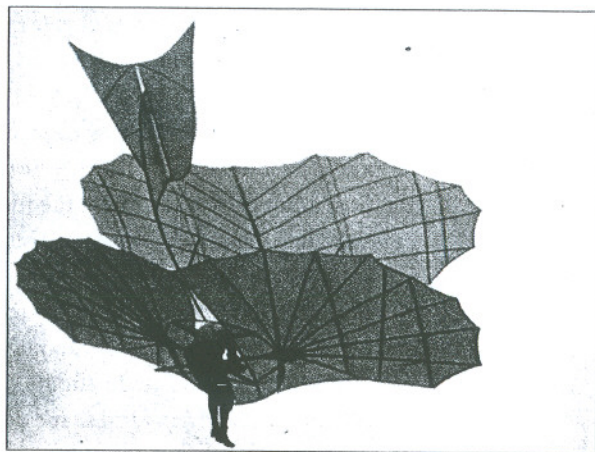
## History

While the Wright brothers are credited with the first powered flight of a heavier than air vehicle that could take off and land from level ground, it was the German aviator, Otto Lilienthal, who first mastered the aerodynamics of hang gliders. In fact, the experiments of Lilienthal helped the Wright brothers a great deal in understanding the basics of flight. Lilienthal himself built eighteen different hang glider models over a period of five years and test flew them. *Figure 1* shows a typical flight by Lilienthal. This particular machine has a bi-plane configuration (see [1]).

There is a great saying credited to Otto Lilienthal. He said, "It is easy to invent a flying machine. More difficult to build one. But to make it fly is everything." Lilienthal spent most of his life to

### Keywords

Hang gliding, Rogallo wing, trikes.



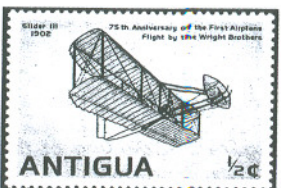
**Figure 1.** Lilienthal flying one of his hang-gliders.

(Source: <http://invention.psychology.msstate.edu>)

make a hang glider fly. He nurtured the idea of flying truly like birds. His dream lived on, well after he was gone. Today, hang gliding is a sizeable industry.

Lilienthal's idea was to build a big enough wing that could glide in the wind, from which a man could literally 'hang' to experience flight. To control the wing flight, Lilienthal thought of shifting the weight of the person hanging, so as to change the attitude of the wing in flight. This was remarkable indeed. However, it required skill and strength, both mental and physical.

For Lilienthal, the only means of developing a flying machine was through practical flying experiments. This is quite understandable given the fact that there was hardly any insight into the theory of motion of air [1]. To cite an example, the first breakthrough in fluid dynamics came in 1904 when Ludwig Prandtl first proposed the boundary layer theory. Engineers like Lilienthal did not wait for a complete theoretical understanding. They pressed on. Even today, many developments take place in the absence of a full theory. Theories often come later. Hang glider wing design is no exception. While Lilienthal reached a certain milestone, there was a long pause in the development of hang gliders. One had to wait for nearly half a century. Then along came Francis Rogallo.



Courtesy: Biman Nath, RRI

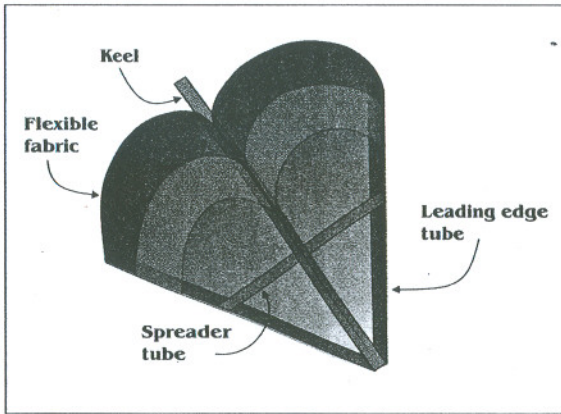


Figure 2. Structure of a Rogallo wing.

air pressure. This wing had excellent aerodynamic characteristics. The design was extremely forgiving and offered good controllability at very low speeds. NASA was originally interested in using this wing for space module recovery missions. This design was never actually adopted for NASA missions. On the other hand, it paved the way for hang gliding activity on a scale much larger than Lilienthal could ever have imagined.

### Hang Glider Wing Structure

Figure 3 shows the basic structure of a modern hang glider wing frame. These wings are essentially derived from the Rogallo concept. The structure is made up of two leading edge tubes that

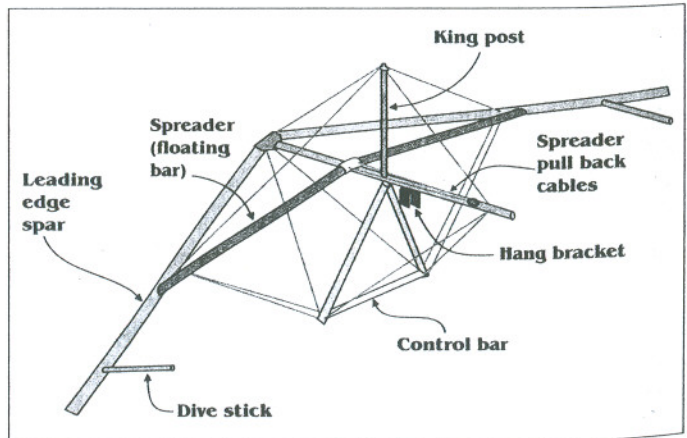


Figure 3. Structure of the wing frame.



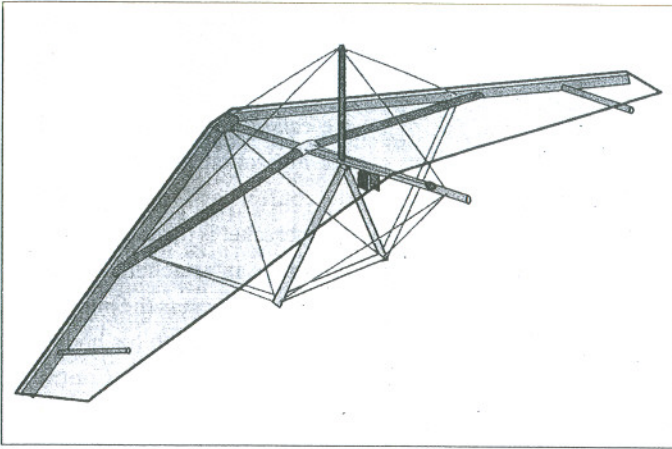


Figure 4. Wing frame with fabric cover.

join at one end giving the wing a delta shape. A keel post runs from the leading edge to the tail. A floating bar made up of two segments is hinged to the leading edge tubes at an intermediate point. A pair of cables attached to the floating bar can be pulled towards the tail to 'spread' the wing. Hence the floating bar is also known as the spreader tube. In flight, the floating bar moves up and down making the wing flexible. This flexibility is important from an aerodynamic point of view.

Nylon or dacron fabric is attached firmly to the leading edge tubes (see Figure 4). The fabric goes into tension when the spreader cables are pulled back. To give an airfoil shape, tubular battens of well defined shapes are inserted into pockets that are sewn in the fabric at various points. The airfoil section can be a simple curved line or have a double surface (see Figure 5). Larger the extent of the double surface, faster is the wing. A typical wing with 30 per cent double surface would have a cruise speed of about 50 to 60 kmph. Wings with 70 to 80 per cent double surface have a cruise speed of about 70 to 80 kmph.

The trailing edge of the wing which is not stiffened allows the wing to twist and provides aerodynamic stability. In conventional aircraft, stability comes from the tail wing. In modern hang glider wings, an additional reflex or reverse camber is imparted to the wing near the center.

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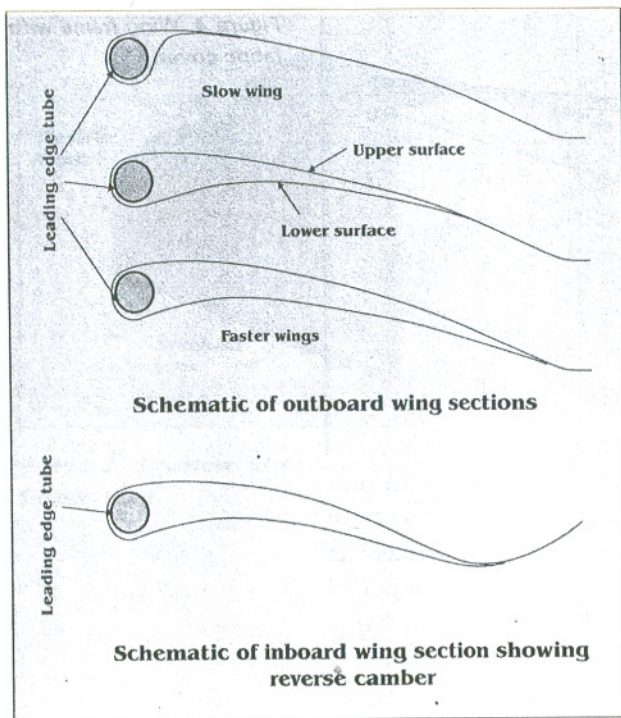


Figure 5.

A triangular tubular structure, the control frame, is attached rigidly to the wing. The two side tubes are called the down-tubes while the horizontal member is called the control bar. On the keel post a hang bracket is provided to which a harness is attached. With the help of this harness the pilot hangs from the wing with his body parallel to the keel post. Control is achieved by moving the control bar and with it the wing.

At the tip of the wings, a stiff tube known as the dive-stick is attached. While this plays no role in normal flight, it is essential for in-dive recovery.

Hang gliding offers a completely unhindered view and the flight experience is as close as you can get to that of the birds. The gliders are inexpensive, costing just as much as an autorickshaw! The disadvantages are the associated logistics. One requires a high point to launch and it is often not possible to return to the same point. Training is not very easy. One needs to be generally well built to be able to carry the wing and run while launching. Injuries are common.

In order to overcome some of the difficulties, the so called trikes were developed. Thus began a new chapter – powered hang gliding.

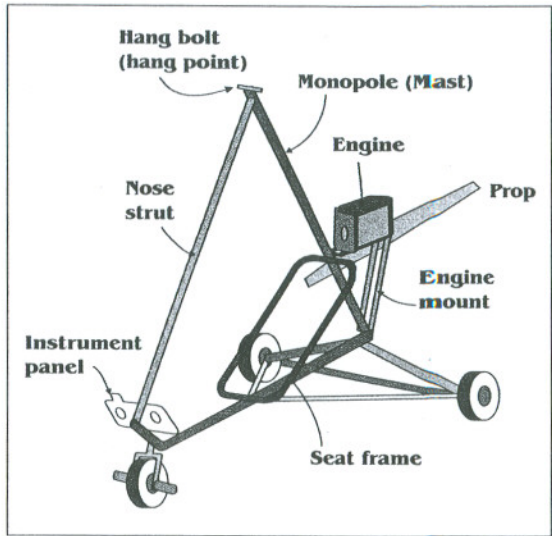
### Trikes

Also known as sky-bikes, trikes are an adaptation of hang gliders. There have been significant developments in aircraft engine technology. Putting an engine on the gliders was a natural step in the development of trikes. In fact, the trikes, sans engine,

built by NASA team to test the Rogallo wings [3] are pretty much as you would see them today. A typical trike is shown in *Figure 6*. The trike has a 'chassis' made up of a base tube. A nose wheel in the front and a pair of rear wheels mounted on an axle form the landing gear. The nose wheel is mounted in a fork to enable turning the gliders while on ground. A multipole rigidly fixed to the chassis hangs from the wing at the hang point. A front tube is connected between the multipole and the base tube. A seat frame is joined at one end to the multipole and at the other end to the base tube. One to two seats are fixed in the seat frame. Normally, a tandem seating arrangement is used for training purposes. Side-by-side seating arrangement is rare. The aircraft as a whole typically weighs around 250 kg. The payload capacity varies between 150 kg to 180 kg.

An engine is mounted on the engine mount behind the multipole. The engine drives a pusher propeller. Typical engine power requirements vary between 25-30 HP for a single-seater to 40-50 HP for a two-seater. It is of interest to note that these engines normally run on regular gasoline mixed with two percent motor oil. This offers a major economic benefit over other types of aircraft.

The trike essentially eliminates the need for high points for launching. One can easily operate on level grounds. A very short runway of about 150 m is generally sufficient. The aircraft usually takes-off within 100 m. An open field with short grass or plain hard clay is generally preferred for landing and take-off. The primary reason is that in cross-winds, the landing of these crafts can be tricky and dangerous. An open field allows the pilot to land into the wind.



*Figure 6. Basic construction of the 'trike'.*



Learning to fly a trike is probably a little more difficult than learning to drive a car.

## Instruments

Very little instrumentation is required for the basic flying of a trike. In fact, most of the flying is done without the aid of any instrument. Engine rpm and cylinder head indicators are used for monitoring the health of the engine. Altitude and air speed indicators are also often used. For cross country flying, a radio set to keep in touch with airports and a compass are employed. Hand held global positioning systems are becoming popular in trikes. Since the trike offers unhindered view of the surroundings, these machines are mostly flown with a feel for heights and airspeeds.

On the ground, a wind-sock is a must. This is a simple conical shaped light cloth construction that orients with the local wind direction. Since trikes should normally be landed in the direction of the wind, the local wind direction information is quite critical. It is interesting to note that chimney smoke from factories acts as a great aid to flyers since they unmistakably mark the wind direction on the ground.

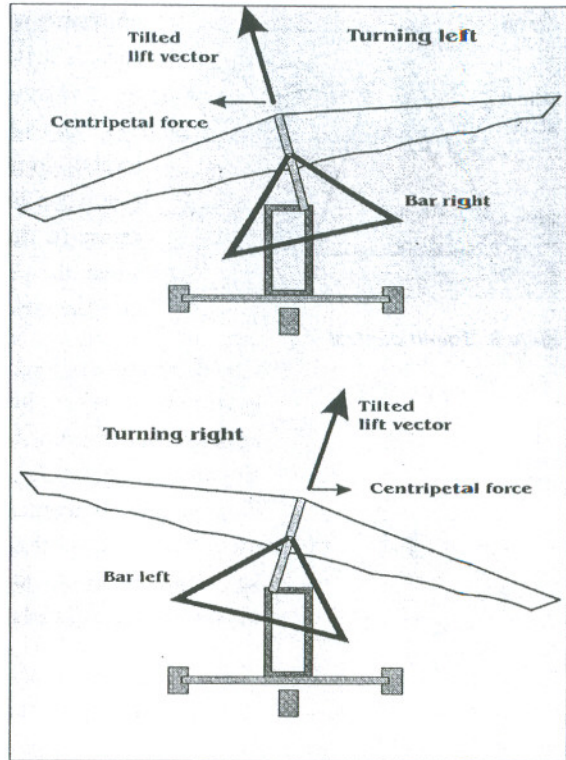
## Flying a Trike

Learning to fly a trike is probably a little more difficult than learning to drive a car. Just as you do not need to be a mechanic to drive a car, it is not necessary that you be an aerodynamics expert to fly a trike. The trikes are mostly flown by feel. Gauging the height of the aircraft is an important new feel a pilot must develop.

The basic controlling mechanism is the control frame that consists of the triangular structure attached rigidly to the wing. The control bar can be moved relative to the trike in four directions – front, back, left and right. In addition, the propeller rpm can be changed via a throttle. The throttle position is provided on the right foot via a pedal, much like the accelerator in a car. Brakes are sometimes not even necessary!

Moving the control bar directly moves the wing. This provides

the basic control action and is known as the weight-shift control. To execute a right turn, for instance, the right wing must be dipped (which will raise the left wing) by moving the control bar to the left (see *Figure 7*). When the wing banks to the right, the lift vector also tilts and provides the necessary side force to turn the aircraft. In the conventional aircraft, an additional control is necessary for turning – a rudder. The rudder is used to turn the nose of the aircraft in the desired direction. This is called a coordinated turn. If this is not done, the aircraft will turn with its nose pointing forward. In the case of trikes, however, the triangular shape of the wing results in wind-cocking, i.e., the nose turns in the desired direction without the aid of the rudder.



*Figure 7. Turning the trike.*

How does one control the speed and altitude? This is quite unlike the car control. When an accelerator is pressed in a car, the car moves faster. But in the case of an aircraft, the additional power pumped into the aircraft engine by increasing the throttle *does not make the aircraft go faster!* On the other hand, it makes the aircraft go higher. This is contrary to intuition and needs to be learned by practice. Reducing the throttle has the opposite effect of decreasing the altitude. Essentially, the additional power goes into increasing the potential energy of the aircraft and not the kinetic energy. The aircraft speed is mainly governed by the so-called angle of attack (AOA). This is an angle made by the wing with respect to the oncoming wind. If the wing is rotated such that the nose of the wing goes up (see *Figure 8*), then the AOA increases. This increases the lift coefficient defined as the ratio of the lifting force and force due to the dynamic pressure of the

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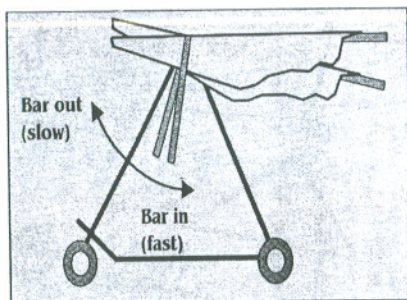


Figure 8. Speed control.

oncoming wind. The dynamic force of the oncoming wind is half the product of air density, square of the wind velocity and the wing area. The wing area is fixed and so is the air density at a given altitude. In level flight the lift balances the aircraft weight. Therefore, the aircraft speed decreases to match the increase in the lift coefficient. The opposite happens when the AOA is decreased. This is one of the peculiarities of aerodynamics.

Can AOA be increased without bound so that the aircraft would essentially have very low speed, nearly zero say, and yet produce adequate lift to keep the trike in air? The answer is clearly no. Beyond a certain AOA, the lift on the wing suddenly disappears. This is called wing-stall. It can be deadly at times. Indeed, this aspect complicates the aircraft control, especially during landing which turns out to be the most critical phase of the flight. However, take-off and in-flight control turn out to be fairly easy.

Trike flyers use a particular type of landing technique that differs from the technique used in conventional aircraft. The landing sequence begins with the alignment of the trike with the runway from a relatively *high point* (see Figure 9). It is important to make this high approach. The aircraft then 'dives' thereby gaining airspeed. This is accomplished by lowering the throttle and pulling the control bar in. As the trike approaches the ground, the bar is slowly pushed out resulting in a roll-out. The

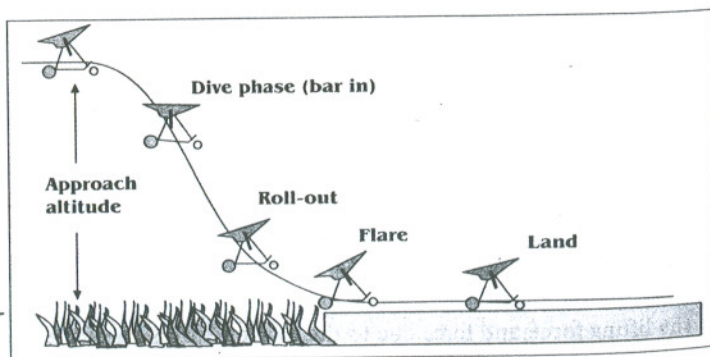


Figure 9. Landing sequence.

aircraft loses airspeed during roll-out and descends further. Then the bar is pushed out further to 'flare' the trike. This results in the trike floating parallel to the runway and with the passage of time the speed decreases and the trike lands safely on the ground. Of course, the trike spends just about a second or so in roll-out while the flare is executed in a fraction of a second. Once on the ground, the bar is pulled back in, to effect aerodynamic braking.

Take off is perhaps the simplest of all the maneuvers. There are two techniques in vogue – bar in and bar out take-off. In the bar out technique, the control bar is pushed fully against the front tube and full throttle is applied. Within a short distance, the trike becomes airborne. At this point the bar is pulled back just a little. The wing would stall otherwise. If using the bar-in technique, the aircraft is throttled up with the bar in. As speed is gained while on the ground, the bar is gently pushed out. This results in the nose wheel rising and with further throttle, the trike becomes air-borne. Which technique is more effective? It really does not matter.

Having talked about the techniques of flying trikes, how long does it really take to learn to fly a trike? Normally one can go solo flying, after about ten to twenty hours of flying instruction.

### Concluding Remarks

Aircraft production, operation and maintenance are highly regulated. This is particularly true of military and commercial sectors. The trikes, however, do not come directly under such severe regulations. The rules and regulations applied to the trikes are highly simplified. For instance, the trikes do not require a type certificate for production and operation. They are given a permit to fly instead. It is also not necessary to obtain a pilot's license to fly the trikes. The flight instructor is authorised to grant a person the 'license' to fly.

While the simplified trike regulations enable a person to start flying as early as possible, flight safety is the sole responsibility

## Suggested Reading

- [1] Practical Experiments for the development of human flight by Otto Lilienthal. James Means' *The Aeronautical Annual*, pp. 7-20. 1896. (See [http://invention.psychology.msstate.edu/i/Lilienthal/library/Lilienthal\\_Practical\\_Exp.html](http://invention.psychology.msstate.edu/i/Lilienthal/library/Lilienthal_Practical_Exp.html) for HTML version)
- [2] [http://media.nasaexplores.com/lessons/03-005/9-12\\_1.pdf](http://media.nasaexplores.com/lessons/03-005/9-12_1.pdf)
- [3] <http://www.dfrc.nasa.gov/Gallery/Photo/Paresev/HTML/index.html>
- [4] Lucian Bartosik and Hal McSwain, Trikes, *The Flex-Wing flyers*, H&L Press. 1997.

of the trike pilot. There are several safety measures one must ensure during the course of flying a trike. Prior to every flight, the trike must be checked for loose parts, missing bolts, damaged strings, etc. This is a routine part of the preflight inspection. The wing fabric gives the wing its shape that is critical in producing lift. Normally dacron is used for this purpose. Dacron degrades due to ultra-violet radiation thus limiting its life. Occasionally the fabric is checked by 'poking' a finger. When the fabric degrades, it becomes so weak that it is easy to run a finger into it. Hence the finger test. The engine must be maintained as per the guidelines laid down by the manufacturer. It is mandatory to maintain a log book that records the details of each flight.

Trikes are ideally suited for many applications apart from the mere thrill of flight. Aerial spraying for agricultural purposes, aerial photography and survey come to mind immediately. Hand held GPSs are a great aid in aerial survey.

In the National Aerospace Laboratories (NAL), the trikes have been used to carry out in-flight experiments on wing sections etc. These have proven very useful.

The powered hang gliders were developed in India by NAL jointly with Raman Research Laboratories under AR&DB grant more than a decade ago. These hang gliders are also produced privately by Rajhamsa located in Bangalore. There is a growing number of private owners and operators of powered hang gliders in the country now. Some also offer private instructions.

This article is based on personal experiences while flying the Clipper Powered Hang Glider that is operated routinely by NAL, Bangalore. Some of the information has been taken from the resources given in Suggested Reading.

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